



**Unity Care Group Inc.**  
"Creating Healthier Communities"

**Media Contact**

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**FOR IMMEDIATE RELEASE**

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## **Hip Hop 360 Offers Free Safe Summer Camp for East San Jose Teens**

**San Jose, Calif., (June 11, 2010)** - Unity Care's Hip Hop 360 program is proud to kick-off its free Summer Camp dance and urban art workshops for East Side San Jose youth ages 11 through 18. The month long program is funded by a generous grant from the San Jose Sharks Foundation. Workshops are open to the public and will occur from June 14<sup>th</sup> through July 8, 2010 at the Alum Rock Youth Center in east San Jose.

At a time when California's educational system is in a state of bankruptcy, the program offers underserved teens a chance to develop and enhance their creative expression skills while participating in safe and positive summertime activities.

Two different types of creative arts workshops will be offered. An Urban Art course (1:30 p.m. to 3:00 p.m.) will introduce participants to visual arts and develop a students' eyes for composition and color. Focusing on the theme of urban art, individuals will work together to design and create a mural utilizing pencils, markers, and/or paint, which will also incorporate elements of graphic design, street art-throwups, specialized lettering, and objects. Program participants will showcase their artwork during the celebration party at the completion of the program.

Additionally, Hip Hop 360's highly popular Hip Hop dance course will be offered from 3:00 p.m. to 4:30 p.m. Participants will learn basic Hip Hop dance techniques and they will ultimately work together to create a choreographed dance routine to perform at the completion celebration. Through dance, San Jose's youth will engage in safe and fun physical activity, as well as learn new ways to express themselves collaboratively with their peers.

Summer Camp also teaches character building assets such as goal setting and effective anger management. Facilitators will incorporate these components into their creative workshops. Workshops will occur Monday through Thursday from 1:30 p.m. to 4:30 p.m. at the Alum Rock Youth Center, which is located at 137 N. White Rd. in San Jose, CA 95127. For more information, contact Demone Carter, Hip Hop 360 Program Manager at (408) 971-9822.

**About Unity Care**

*Founded in 1992, Unity Care Group, Inc. is a community-based, non-profit multi-service youth and family development agency. Founded with the goal of developing educational and social programs to enrich the lives of at-risk youth, our mission is to provide quality youth programs for the purpose of creating healthier communities through life-long partnerships.*

*For more information about the agency please visit our website at [www.unitycare.org](http://www.unitycare.org).*

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